# FLOCKNEWS

GOOD SHEPHERD CHURCH, ANDHERI WEST, MUMBAI 400053





04 HE IS RISEN INDEED!!!
05 SHEPHERD'S VOICE – INSPIRATION
06 EASTER HOUSE BLESSING

07 WHAT CHURCH HELP CAN DO - MY TESTIMONY

08 FLOCK BLEAT – NEWS

SCC BLEAT - NEWS

GREENER PASTURES – FORTHCOMING EVENTS

26 MILESTONES





#### Published by:

Fr. Anil Rego

#### **Editorial Team:**

Orlando Tavares, Coralie D'souza, Ryan Rodrigues, Dora Martis & Fr. Anil Rego

#### **Design and Layout:**

Decorative Arts



For more pictures and updates log onto: www.fb.com/goodshepherdchurchmumbai



For more information go to www.goodshepherdandheri.in



For Advertisments and Articles Email us at: goodshepherdchurch13@gmail.com



## From the Pastor's Desk

#### **HE IS RISEN INDEED!!!**

"Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for he has been raised just as he said (Matthew 28:5-6)

Many attempts have been made to debunk the resurrection of Jesus from the very time of His rising from the dead. But the following irrefutable facts can be put forth in defense of His Resurrection.

- 1. Jesus' body was missing. If the Jews could have found it, they could have stilled the preaching of Jesus' resurrection that filled Jerusalem. But they could not.
- 2. The body wasn't stolen. The Romans had no motive. The Jews had no motive. Ahha, you say, The disciples stole it. There is the matter of the Roman guards, and the disciples' initial disbelief when the women brought them the news early that Easter morning. This brings me to my third point.
- 3. If the disciples had stolen the body, you wouldn't expect them to risk their lives. People don't die for what they know is not true. But the disciples put their lives on the line, and nearly all were eventually martyred for their faith. They certainly believed it.
- 4. The church mushroomed size in Jerusalem, the very place he was crucified. Followers of Jesus in the city of Jerusalem grew from a few dozen to thousands upon thousands soon after Jesus' resurrection. They believed it was true.
- 5. Contemporary documents refer to the event. Thallus the Samaritan, Suetonius, Tacitus, Pliny contain references to Jesus. Jewish historian Josephus writes about Jesus' crucifixion and resurrection. They knew something had happened.

Tomb, thou shalt not hold Him longer.

Death is strong, but life is stronger.

Stronger than the dark, the light.

Stronger than the wrong, the right...

#### - Phillips Brooks, "An Easter Carol"

Jesus' resurrection from the dead is actually more plausible than any other explanation. Christ's death and resurrection is the foundation of the Christian Faith. That's why we celebrate. This is the most joyous feast of the year. The church is now filled with the spirit of Jesus and with His Light. It is no longer silent as we join our songs of praise with the choirs in heaven. We are reminded of Christ's promise "I will give you a joy which no one will take from you." (John 16:22). Easter is the beginning of our new life with Christ.

Jesus' resurrection means that death is not the end. That though my body may lie

rotting in the ground, Jesus whom the Father raised from the death, gives me eternal life. Ultimately, we Christians believe, our bodies, too, will be raised from the death.

What do we Christians say in the face of death? There are many mysteries. But two things we know for sure. First, death is an enemy. But second, and more important, Jesus' resurrection from the grave is God's proof to us that death is not the end. The empty tomb and Jesus' Spirit within us testify that Easter morning is God's triumph over death. And ultimately, Jesus promised, God will raise from the dead all who believe in His Son. "I am the resurrection and the life." Jesus said "He who believes in me will live, even though he dies, and whoever lives and believes in me will never die."

And since Jesus is not dead, people can encounter him today. You can know him through a personal relationship. I could point to several people who can testify what Jesus has done in their lives to bring them from the brink of disaster to peace and meaning and joy. People who have encountered Him at a retreat and or at a healing service and were able to battle the demons of their lives and conquer them with His help. He changes people for good. While some leaders reform. ONLY JESUS TRANSFORMS.

Christ's resurrection brings him into new life and promises the same for us. Not just eternal life, although that's part of it, but genuinely new life. Change is hard, as so many people tell me and as I know myself. Left to our own devices, we'd probably just settle for an improved version of our present life. In the words of Floyd W. Tomkins, "Let the resurrection joy lift us from loneliness and weakness and despair to strength and beauty and happiness." –

For while religious leaders have come and gone, the fact remains: only One stepped forth from the tomb. Only One has risen from the dead. Only One has conquered death. Only One offers the promise of eternal life to those who follow him.

#### Alleluia! He is risen!

FR. ANIL REGO

**Parish Priest** 

#### SHEPHERD'S VOICE - INSPIRATION

 "God never tires of forgiving us; we are the ones who tire of seeking his mercy."

- Pope Francis

 "The Lord measures out perfection neither by the multitude nor the magnitude of our deeds, but by the manner in which we perform them."

- St. John of the Cross

"Let the resurrection joy lift us from loneliness and weakness and despair to strength and beauty and happiness."

- Floyd W. Tomkins

 "It is difficult to say what is impossible, for the dream of yesterday is the hope of today and the reality of tomorrow."

- Robert H. Goddard

"Easter is the demonstration of God that life is essentially spiritual and timeless."

- Charles M. Crowe

 "Do not abandon yourselves to despair. We are the Easter people and hallelujah is our song."

- Pope John Paul II

4 • FLOCK NEWS - April 2021 April 2021

No pain, no palm; no thorns, no throne; no gall, no glory; no cross, no crown. - William Penn

Apart from the cross, there is no other ladder by which we may go to heaven,

- St. Rose of Lima

Unless there is Good Friday in your life, there can be no Easter Sunday. - Fulton J. Sheen

#### **EASTER HOUSE BLESSING**

#### **PRAYER**

**HYMN:** We are gathering together unto Him (2) Unto Him shall the gathering of the people be We are gathering together unto Him

We are praising together unto Him (2) ... **LEADER**. God our Father with Faster in

**LEADER:** God our Father, with Easter joy we have gathered around the family altar. Look upon this family in your love and give us the blessing of your peace. Let your Spirit of joy fill our hearts, so that we may be holy and happy. May our concern for others reflect your love and bring us happiness throughout our lives. We make this prayer through Christ our Lord. Amen.

**SCRIPTURE:** A reading from the letter of St Paul to the Ephesians (2:17-22)

And Jesus came and preached peace to you who were far off and peace to those who were near; for

through him we both have access in one Spirit to the Father.

So then you are no longer strangers and sojourners, but you are fellow citizens with the saints and members of the household of God, built upon the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone in whom the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built into it for a dwelling place of God in the Spirit.

The Word of the Lord.

**RESPONSE:** Send forth your Spirit O Lord that the face of the earth be renewed You have built your palace on the waters; like the winds the angels fly before you You have set the earth on its foundations; so firm to be shaken no more All your creatures look to you for comfort; from your open hand they have their fill You send forth your Spirit and revive them;

the face of the earth you renew

**INTERCESSORY PRAYERS:** Leader: Let us pray to Jesus, our Lord, that he may bless and give peace to our house. Our Response is: Stay with us, Lord

- Through your obedience to Mary and Joseph you consecrated family life; make our family holy by your presence. For this we pray ...
- You made your own family the model of prayer, of love and of obedience to your Father's will; pour down your abundant graces on our family. For this we pray ...
- You loved those who were close to you and they returned your love; bind our family and all the families in our parish together in the bonds of peace and love for each other. For this we pray ...
- At Cana, when a new family was beginning, you gladdened it with your first miracle, changing water into wine; accompany us in our sorrows, struggles and worries, and change them into joy. For this we pray ...
- You healed the sick and forgave the sinner. May all those in our family who are suffering from ill health experience your forgiveness and healing. For this we pray ...
- We now pray in silence for the members of this family, who have gone before us marked with a sign of faith ... (pause for a few moments & if

possible the family can name those who have died)... Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls rest in peace. Amen

#### Our Father ... Hail Mary, Holy Mary ... Glory be ...

**Leader:** Let us pray. Blessed are you, O Lord. At the Passover in Egypt, you kept un "Qarmed the houses of your people that were sprinkled with the blood of a lamb. Bless and protect our family and home that will be sprinkled with this Holy Water. We implore you to pour the richness of your graces and peace on this house and keep all who dwell here always in your love and safe from harm and danger. We ask this through your Son, our Lord Jesus Christ, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

(The family members greet each other with a sign of peace as they sing the final hymn followed by the head of the home sprinkling holy water on the family and the home)

**HYMN:** Jesus is the joy of living; He's the King of life to me Unto Him my all I'm giving; His forevermore to be I will do what He commands me; anywhere He leads I'll go Jesus is the joy of living; He's the dearest friend I know I have found a wondrous Saviour; Jesus Christ, my soul's delight Every blessing of His favour; Fills my heart with hope so bright

## What Church help can do - My testimony

This is following upon my testimony in Flock News. This is Ryan Dsouza currently pursuing master's in supply chain management in Germany willing to share here my journey, my experience, and the support I've received from my family, my Parish, and in particular the "Community Welfare Fund Team". It all started with my engineering degree at Don Bosco Institute of Technology (Kurla). Coming from a lower middleclass family, the college fees was a huge burden for us. The travelling cost, cost of the books along with the laptop requirement added further burden on the pocket. Thankfully with some help from parish and of course parents, I was able to complete my Engineering degree comfortably without having to think every time about the finance. Furthermore, I worked for a year in an IT company and then decided to pursue my further education in Germany named SRH Hochschule in Nord Rhein Westfalen in a city called Hamm. This course was related to my Bachelor's Mechanical Engineering.

My journey had lots of challenges specially related to finance but with my strong motivation to go abroad

and moral support from family and parish, I somehow managed to take an education loan and left for Germany. At some point I wasn't sure if that was going to happen, but my faith in God and my motivation to pursue that goal helped me to succeed in my dream.

I know how important it was to have a moral support at that time from someone, hence I take this opportunity to welcome all the students who wish to follow their dream to study in abroad but lack the inner strength and motivation; to contact me via Zoom call or email me ryanmartindsouza@gmail.com. Also my what's app contact number is 004915145735855. I am currently in my mini vacation to India and will be back to Germany in 2 week's time, so I can manage having a conversation online before I leave or even once I reach there. You may also contact the Parish Community Centre Welfare Team for Assistance and guidance. Prayer is important and more important is that we as a human need to help someone more than just offering prayers.

- Ryan D'souza

6 • FLOCK NEWS - April 2021

## DIVINE MERCY

## SOLEMN FEAST DAY - SUNDAY, APRIL 24TH 2022



NOVENA: 15TH - 23RD APRIL 2022 - Beginning GOOD FRIDAY

15.04.2022

- On Good Friday Novena of Divine Mercy Immediately After The Youth Way Of The Cross at 8.30 am

16.04.2022

- Holy Saturday At 9.00 am

17.04.2022

- Easter Sunday After 10.00 am Mass

 $18.04.2022\,to\,23.04.2022\,\hbox{-}\,After\,7.00\,am\,\&\,7.00\,pm\,Mass$ 

#### TRIDIUM: 21ST TO 23RD APRIL

- SPEAKERS OUR OWN GOOD SHEPHERDS DURING 7.00 PM MASS

24<sup>th</sup> April 2022

FEAST OF DIVINE MERCY MASS @10.00 AM FOLLOWED BY

HOLY HOUR @11.00 AM

We request our Parishioners to participate in the Holy Hour in large numbers to seek Divine Mercy from our Lord Jesus as the world is under the grip of suffering and uncertainty

- MARIA JANARDHAN

#### FLOCK BLEAT - NEWS

#### THE JOY OF GIVING

Receiving gifts is a great feeling. Our lives are fulfilling when we give and share. Giving provides an intrinsic reward that is far more valuable than the gift we receive. When we have given something or

the bins were over-flowing and the Christmas tree was full of bells....the food-grains were just pouring in and we still had 3 more weeks of Advent to go.

The collection of food-grains donated generously by our parishioners, were distributed and given twice to the poor and needy families (around 45) of our





done something for someone it actually gives a sense of satisfaction and makes you feel so positive about yourself. Jesus also said, "It is more blessed to give than to receive". When we do good to others, we receive great happiness.

Celebrating Advent Season - Donating Food-grains :Advent is an important time of year.....it leads to Christmas and the remembrance of the birth of Christ. December 2021 - our parish did it differently under the guidance of our parish priest, Fr. Anil Rego. Our parishioners came forward donating generously with food-grains like rice, wheat, tea, sugar, different types of pulses and dals, stationery items for school children. All these were put in different labelled bins kept inside the church. A beautiful Christmas tree was kept at the side with gold and silver bells in a basket. Parishioners donated the food-grains and then hung a bell on the Christmas tree. On the third day itself,

parishon 12th and on 19th December 2021. The smiles on their faces said it all. In addition, foodgrains were also given to different charities and orphanages...in Nagpada, Karjat, Dadar, Maladand Panvel. All of them have thanked our parish and YOU dear parishioners. Our parish has proved once again that "No one should be left in want'. The entire process was handled jointly by The Bombay Catholic Sabha and the SVP members.

Real gift-giving is unconditional. It doesn't come with a specific value. The gifts of patience, wisdom, compassion, tolerance and caring are worth more than anything money can buy. Give it freely - and daily!

We thank God for his many blessings to us and our families

- Dora Martis

#### **PARISH CRIB & STAR**

After a long pause due to global restrictions, we finally got a chance to channelize our creativity through the crib and we, as great opportunists would, didn't want to miss this chance.

We would like to take a moment to appreciate the

work of all the youth who helped in making the crib and the star. We were all fueled up and ready to give it our all , inspite of our busy schedules.

We dedicated our time, efforts and energy into this project. While the animators were guiding and





explaining how to go about creating the different elements, we kept innovating along the way.

The animators were very supportive throughout.

Everyone had different role to play in the making of the crib and star. I think we all did a fantastic job in recognizing what we were good at and different tasks were assigned accordingly.

The ideas of the young and inputs of the wise really made it all remarkable.

It was all due to diversity of ideas and capabilities that we created an amazing piece of art.

It was enthralling to see everyone excited about the end result and it was equally fascinating for us to see the reactions after the first reveal.

The Parishioners were impressed and appreciated us for the theme and aura around the crib.

Everyone of us was happy after doing tremendous and countless work hours on the crib and star.

We were all really glad that the details which we mainly worked on were noticed and liked by our Parishioners.

Let us brief you all incase you missed the significance of the elements.

The background is inspired by 'Mandala' which is the Sanskritfor'circle' or'completion' which also represents the blessed host. The four doves on the wheel of time is a representation of the four corners of the Earth and the Holy Trinity which adds up to number 7. Wheel of time ultimately means that life will keep revolving and flow in a series. 7 is a complete number in the scripture, keeping that in mind was the idea behind the 7 spokes in the wheel. The 7 feathers on each side of the spectrum in the backdrop are of the reference of angels. The 7 lamps symbolically were taken from the following reference: Psalm 119:105 -"Thy word is a lamp unto my feet, and light unto my path." Wood is

an element which has extensively been used, as Jesus was into carpentry profession. Ship is a medium of travelling from one coast to another wherein we see Jesus get into the ship to move from one countryside to another. The Eagle on the Ship represents one of the four creatures symbolic of the evangelists. Baby Jesus being placed on the wood of the Alpha and the Omega simply means He is the Beginning and the End. Lastly speaking of the backdrop inclusive of the colour of the third candle of advent- pink, which itself is a colour of joy and rejoicing, the theme white and yellow symbolize purity, peace, positivity and hope.

After we were all done with the individual piece of work, it was show time and everything blended together, we had fun times, lots of learnings and memories, and everything together precisely complimented beautifully.

#### STAR AND CRIB COMPETITION

As the season of advent was approaching, a time to rejoice, wanting to keep the spirit of Christmas alive and kicking, Good Shepherd Parish conducted a STAR and CRIB competition for the parishioners. Forms were rolled out wherein communities could participate in both or either of the one. Stars and the cribs were to be put up near our respective community areas. Parameters were set for judging and informed to the participants as well. To be fair to one and all, judges appointed were non-parishioners. Out of the 5 zones and 21 communities, the response was overwhelming as there were community / communities from each zone. On the D day, 2 parishioners accompanied the judges to the respective communities/ area. Each and every star and crib was beautifully made and put up. The hard work, commitment, dedication, creativity and the time given by our parishioners was beyond words!. The judges were amazed at the talent existing in our parish. In some communities there

were non-Catholics who came forward and assisted our parishioners to put up the crib and star which is really commendable!

In the star competition category Zone 3, Unit 5-St. Jude Community was adjudged as the winner, 2nd prize winner was Zone 3, Unit 1- Immaculate Conception and the 3rd prize went to Zone 2-Unit 7-St. Alphonsa.

In the crib competition category- Zone 3, Unit- 3-Little Flower Community was adjudged as the winner, 2nd prize- Zone 3, Unit 1- Immaculate Conception for the crib and the star, 3rd prize winner for the crib-Zone 4, Unit 2- St. Christopher Community.

All the winners were felicitated with a trophy at the News Years Eve's Mass on 31st Dec 2021.

- Jasmine Nair

Zone 3-Unit 2- St. Vincent de Paul Community.



??



??

#### FIRST COMMUNION DAY

It was the morning of the 23rd of January 2022......a very special day for the 12 of us...the parents of the first communicants of this year! ...... a day to acknowledge, that our little babies had finally grown big enough, to be able to receive the Eucharistic Lord.

After months of being faithfully and painstakingly tutored by their teachers Mrs.Irene Almeida and



sister Vinaya, both online as well as offline, finally, this teeny-weeny batch of 6 first holy communicants of 2021-2022, were all set, in their sparkling whites, along with their parents, waiting at the entrance, to be led in to the church, at the cue of the entrance hymn being sung by the harmonious youth and children's choir, conducted by Irene Almeida, that pleasantly reverberated throughout the church.

And Oh! they walked in so proudly with their decorated candles clutched in front of them, along with their proud parents, following them, as the close family happily watched on, from the pews.

Father Anil Rego, our parish priest welcomed the children and their families to this special eucharist

explaining the immense significance of this special event, in their lives.

As the children read the Word of God, and made prayers of petitions of the faithful and gave the vote of thanks, from the lectern......I couldn't help but marvel at how fast they had grown within the blink of an eye! It seemed almost like it was just yesterday that, we as parents carried them in our arms to the same alter, in their pearly whites and their swaddling clothes , as they bawled their lungs out, as the waters of baptism washed their little heads.....and here today, they stood proudly at the very same altar confidently proclaiming the word of God, making petitions to God on behalf of the congregation and thanking one and all present there for making their day special . It was indeed a nostalgic and heartwarming moment!

Father led them into renewing their baptismal promises holding their candles high.

And then, came the most special moment of that day, when they walked up to the priest and tenderly took the eucharist in their little hands and ate it. It was an emotional moment for most, as I believe, most of us parents perhaps waited to witness this moment in our children's lives, for a long time.

The Eucharistic celebration culminated on a memorable note, with Father Anil and his guitar, leading the congregation into a catchy hymn "everybody in the whole wide world needs Jesus" ...... words of which, so soothing and reassuring, that I believe they will keep on echoing in the recesses of the hearts and minds of these first holy communicants of 2022, whenever they will be reminded of their first holy communion day.

- Dr.Carolina.Daniel.Fernandes St.Jude community

### **Confirmation 2021-22**

It was such a memorable day, the 12th of February when 29 of our Confirmands received their Sacrament of Confirmation by Bishop John Rodrigues. As we stood watching them with joy in our hearts, as each one filled with the Holy Spirit walked the aisle, it took us down the memory lane.

It all began around 8 months back as a fresh set of students enrolled for the Confirmation Class. Being in semi-Lockdown mode, classes were held online every Sunday. It was a challenging job for the Animators to keep the class attentive, motivated, and interactive. We animators, Esther, Belinda, Subhash, Amit and

Priya have given our best to bring out the best in them. Many external speakers were arranged to teach them on various topics of our Christian Faith. All this helped in bringing out a wonderful transformation from being mere church goers to being 'Soldiers of Jesus Christ', equipped with the essential skills and with an insight about their duties as members of the Church and a zeal to serve the Community.

In fact, many of them joined the youth group and participated in various activities. Some of them showed an interest in teaching and helping the less privileged. They were guided by Sr. Mary from Good



Shepherd Convent. Few others who were interested in the activities of the Legion of Mary, SVP, Lectors etc. were given the guidance by the respective members. As they now move ahead in life, we feel proud of them and say a silent prayer that Almighty God Bless each one of them with wisdom and be filled with the Holy Spirit to Love and serve as 'True Christians'.

- By the Confirmation Animators

## Walking together with one Shepherd

Date 27th February, 2022; Good Shepherd Church lawns, time nearing 7 pm, the lawn is overflowing with humanity.

Flashback: Mathew: The Parable of the wedding Feast 22:14 "For many are called, but a few are chosen."

Overnight, the Church lawns, extension and space behind came to life, a resurrection after two years of COVID restrictions, the Lord had released us. The young and the old, moving around with a sense of purpose, for they were the chosen ones to welcome the Good Shepherd on the feast day. Youngsters practicing dance and song, independent of a choreographer or music, filled with grace from above. It was as if the Holy Spirit had descended upon the participants, a divine inspiration, their animation a visual treat that no theatre or drama hall could replicate.

The backdrop theme was from Pope Francis' "A listening Church" transformed to "Walking together with one Shepherd" - the graphics collaborated by Fr Anil Rego and Joe Saldanha from Parish Council and executed by Brenda and Clinton

The parishioners exited into the cool and pleasant Church lawns after the feast mass, to be greeted at the entrance with a slice of cake, after each mass, sponsored by Nazneen Bakery and tempting music by DJ Ryan. A vibrant, infectious atmosphere with various food and games' stalls inviting all to partake. Terence Gonsalves our MC, greeted everyone, reminiscent of The Parable of the wedding Feast "For many are called, but a few are chosen." Fr. Anil Rego welcomed all with a prayer, that we may not wander and walk together with one Shepherd and invited all to enjoy the feast celebration.

MC Terence Gonsalves was in his elements as **12 • FLOCK NEWS** - April 2021



he seamlessly introduced the program and the participants starting with our little ones from Sunday school - who mesmerized the audience with their cute performance. Hearts, young and old melted watching them dance gracefully. This year, cultural diversity and millennial assertion was on the stage. For Portuguese nostalgia, Ms Kamala sang, while our Hindi speaking parishioners danced to their native folk song. We could not stop here due to the rat catcher, Undir Mama a Konkani skit written by Sylvia played by Gladys, Daphne & Joe Saldanha to be followed by the melodious voice of Sylvia Swamy on a Hindi song. Ryan played soothing music building up the tempo, setting the stage for our teenagers, gyrating on stage to his beat, un choreographed, a natural, unmatchable talent. Evergreen Benny stepped in with the 60's, reliving legends of the past, a deep baritone voice ably supported by Benny G (KEYBOARD) and Vincent (bongo) - making it a night to remember. But wait! - that's the message we got from the millennials, we need to be heard, and that's precisely what they did, through song and dance, each performer, a life's story, beseeching, imploring, asking to be heard. They, our children, tugged at our heart strings, speaking Pope Francis' language, "A listening Church", a listening family. Exhausted,



it was time for a break, choris pau dragging us by our nostrils, little children pushing towards the games section, a largish crowd drawing you to the pani puri stall and mouthwatering sandwiches, washing it all down with a cool drink while Xavier waited patiently to call out Housie numbers. Good participation, big prizes – the excitement is palpable.

Fr. Anil and his parish team Fr James, Fr Savio were joined on stage by sisters of Good Shepherd convent, Sr. Mary and Sr. Vinaya and sisters from St. Louis School, Sr. Anaina on the stage to cut the cake.

Joan Dsouza gave the vote of thanks, thanking Fr. Anil Rego for his guidance, our major sponsor HINDUSTAN PETROLEUM CORPORATION LIMITED for their support, our regular benefactor Capt. Rakesh Coelho, MC Terence Gonsalves, Naresh our decorator for the stage, stalls and lighting, Ryan for the music, Brenda and Clinton for backdrop and staff of Good Shepherd Church.

Fr Anil Rego and the entire parish council had asked

Joe Saldanha, VP, Parish Council and his team - Sr. Mary Jose, Peter Lobo, Kamala, Rita Mendonca, Joan Dsouza, Terence Gonsalves, Flavia D'sa, to organize the event. Everyone was a leader in their own right, reaching out to various cells & heads and communities, working together as a team. Lastly, in my personal capacity, heartfelt thanks to Roy Reynolds for his ideas, contacts and more – all happily shared to make the event a success.

Picture abhi bhi baki hai, the night is young and so are our youngsters. They took to the floor like fish to water, with a gay abandon that only the youth have the music that teases the body, contorting, an exuberance brought out by DJ Ryan.

The case of chicken and the egg - without the audience, performance loses the punch. Thank you dear parishioners, your overwhelming support and presence was the much needed rejuvenating vitamin, a reunion, a communion.

- By Joe Saldanha

#### THE BOMBAY CATHOLIC SABHA

#### **APPRECIATION AWARD 2022**

It's a Double Whammy....The Bombay Catholic Sabha (BCS) of GoodShepherd Church Unit is proud to announce that we have won the 'Appreciation Award' for the Andheri Deanery for the year 2022. The award was presented to our Chairperson and Committee Members by the Chief Guest : Justice Aloysius Stanislaus Aguiar (Retd) Bombay High Court on Sabha Day on 19th February, 2022 at St. Andrew's Auditorium, Bandra. In 2019 we won the 'Challenger Award' for the Unit. Both the awards have been won by our parish for the first time under the Dynamic Leadership and Chairperson - Mrs. Dora Martis, who is also the Andheri Deanery Councillor. It's a feather on the cap for the unit and all our parish BCS members.

#### **ANNUAL ACADEMIC AWARDS**

We extend our Heartiest Congratulations to Eight of our young parishioners who achieved academic excellence during the year 2019-2020 & 2020-

2021. Our following students were honoured by The Bombay Catholic Sabha at the 30thAnnual Academic Awards function held on 12thDecember 2021 at St. Michael's Auditorium Mahim.

- 1. Wesley Pereira, B.E (Electronics and Telecommunications)
- 2. Rhea Shenoy, B.Com.
- 3. Emerlin Passanha, B.Ed.
- 4. Rahul Jacob, Class XII Science CBSE, 95.20%
- 5. Kierra Vernekar, Class X ICSE, 95.50%
- 6. Alrina Fernandes, Class X SSC, 90.80%

#### 2020-2021

- 1. Deepti Mudartha, M.Sc (Biotechnology)
- 2. Vanessa Lobo, M.Com





#### **REPUBLIC DAY**

Fr. Anil Rego unfurled the flag in the presence of BCS members, parishioners and sisters from Good Shepherd and St. Louis Convents' after the 7.00am mass on Wednesday, 26th January, 2022. Flags and sweets were distributed to all present.

#### **ADVENT FOODGRAINS:**

Our BCS unit members along with SVP members distributed food grains (rice, wheat, tea, sugar, pulses)

to the poor and needy families (around 45) of our parish on 12th and again on 19th December 2021, donated by our generous parishioners.

#### **MEMBERSHIP DRIVE:**

We request all our parishioners above the age of 18 years to be a BCS member. Forms are available with the Committee Members.

We thank our Spiritual Director - Fr. Anil Rego for his guidance and parishioners for all your support.

- Cyril Santamari

## D'SOUZA ENTERPRISES



CONTACT : PETER D'SOUZA

+91-9821850937 / +91-7710971817

612, KAMGAR NAGAR CHS, NAVKIRAN MARG, FOUR BUNGLOWS, ANDHERI (W), MUMBAI - 400 058.

#### SENIOR CITIZENS HAVE BOUNCED BACK

2 years of lock-down had taken its toll, but the moment it was relaxed, the "Golden Hearts were ready to roll. Without much loss of time, the first meeting of the core committee was held on February 25, and was well attended by 10 members. The presence of Teresa Dalgado, one of our most senior & active members was dearly missed. R.I.P Teresa.

16th March saw the committee meeting again to draw up a program for Lent. On 19th March the feast of our patron St. Joseph, the committee officially met the priests of our parish for the first time over light snacks. Our Spiritual Director, Fr. Anil Rego was so supportive and encouraging that we got a thumbs-up to plan not only our Lenten Programs but also lighter programs for after Easter including the all-time Senior favorite 'The Housie'.

In keeping with its 'Vision -Mission' statement to promote the spiritual growth of its seniors, the Golden

Hearts as its annual practice during lent decided to energize themselves with a one-day retreat at Atma Darshan on 25th March (prompted by Fr. Anil Rego) the feast of Annunciation. Coincidentally, this was also 'The Day' Pope Francis chose for the Consecration of Russia and Ukraine to the Immaculate Heart of Mary. Thus on 25th March at 7:30 a.m. 40 enthusiastic seniors gathered at the Parish gate to board the bus, thoughtfully arranged by our President Xavier Almeida, who leaves no stone unturned to make sure the seniors are safe and comfortable. Fr. James D'Costa, prayed over the seniors and blessed and instructed us before we could board the bus.

On reaching Atma Darshan, and after being treated to a hearty breakfast, we began our first session at 9:00 a.m. Fr Gregory Pinto who was our 'guru' for the day opened the session with a prayer from Psalm 92 and then switched on to the topic "Ageing Gracefully". He

stressed how in spite of our age, disability, and health problems we could be happy if we remembered that "The Best Was Yet To Come" and "To stay youthful, we must stay useful".

This session was followed by "The Stations of the Cross" which were held outside amidst the natural surroundings. The paved pathway and the natural beauty of the place lent a certain poignancy to 'The Stations'.

Back in the hall after a short tea break, we were greeted by sprightly Fr. Jose (84 yrs.) who spoke on 'Gratitude' giving examples from his own life.

The afternoon session consisted of Adoration and confession. The finale of course was Holy Mass celebrated by Fr. Tony Menezes. The homily was so meaningful relating to present-day situations in India & the World. The Mass was so participatory that was a fitting culmination of our day.

We boarded the bus back at 4:30 p.m. feeling very transformed and empowered.

- Mrs. Nancy Ferns





14 • FLOCK NEWS - April 2021 April 2022 - FLOCK NEWS • 15

#### **KNOW YOUR NEIGHBOUR**

The immediate neighbour of the Good Shepherd Church is the Good Shepherd Convent. Many of us may not be aware that Good Shepherd Convent exists and has been functioning silently since 1968.

'The journey of a thousand miles begins with One Step'. This first step was taken by their foundress Sr. Mary Euphrasia. The present superior of the Convent is Sr. Mary Jose who is a very active and dynamic personality. Over the years they have grown slowly but surely.

The primary aim of the Convent is to cater to the marginalised and vulnerable. Their work can be vividly seen through the number of activities listed below:

- 1. Run a Hostel for the low income working Spinsters up to 35 years of age.
- 2. Coaching class for under privileged students of Stds I X
- 3. Computer and Sewing classes with minimum fees.
- 4. At intervals they conduct Free Health Eye & Dental camps for the less fortunate.
- 5. Crisis Centre for Women in Distress.
- The sisters counsel these women, try to help them, solve their problems and also provide a short stay till their family disputes are minimised.
- 6. Cater to the Spiritual Growth of the Migrant Workers.

7. Sponsorship Programme to finance the education of the economically backward class.

This immense work of charity is possible due to God's Divine Providence together with some generous donors.

Some parishioners called Lay Mission Partners render voluntary service in the various activities. As the Social activist Bernice Johnson Reagan puts it –

'Life's challenges are not supposed to paralyse you.

They are supposed to help you discover who you are' This is exactly what is done at the Good Shepherd Convent.

Their Yeoman Service could be visualised during the pandemic when they distributed Ration & Food stuff to the needy with patience, sacrifice and love. The fruits of their labour comes from the depths of their silence.

I have been associated with the Good Shepherd Sisters for almost two decades and is a witness to their tireless efforts, striving to bring a Ray of Hope to the Hopeless.

May they journey forward and continue to be Barrels of God's Flame and Light.

- KAMLA N DESOUZA Lay Mission Partner



### **Sunday School**

"For the word of God is alive and active" (Hebrews 4:12)

Yes indeed! Amid this pandemic our Good Shepherd Sunday School program showed us just this. Our team of 14 Catechists kept the Word of God alive in the hearts of 117 students (47 boys and 70 girls) with a kaleidoscope of engaging activities. While regular online classes continued to take place; the Teachers tried their best to add different elements to make these online classes more fun than regular schoolwork. From September onwards celebrations began to pour in, with the start of Mama Mary's birthday. The children from Std. 1,2 and 3 showed their love by making flower and star decorations for the baby Mary's statue. Children from all the classes participated in the recitation of the Children's Rosary. For this year's Faith Formation Sunday, the children were led through an online session focusing on the importance of St. Joseph, the Foster Father of Jesus, as the father of faith who they can call upon. As the year progressed and the lockdown eased,

the first offline program was organized in the month of October in the form of a Biblical fancy dress and Psalm recitation competition. The children from Std. 1 and 2 dressed up as famous biblical people from the Old Testament and brought the characters alive with their smooth delivery of dialogue. The children from Std. 3 eloquently recited Psalms that would give tough competition to anyone. A Student from the secondary section also participated in the Psalm recitation competition.

Nearing December, the Teachers conducted advent activities for the children in preparation for the soon coming King. For the children of the lower classes a storytelling session was done on the children's book called 'The Christmas Promise' by Alison Mitchelland ended the sessions with carol singing. The children shared how they and their families have been preparing for Christmas through good deeds, prayer and making of kuswar. They showed their joyful spirit for the birthday of Jesus by making Angels, Christmas trees of paper and greeting cards which were put up



**Biblical Fancy Dress & Psalm Recitation 2021** 



16 • FLOCK NEWS - April 2021 April 2022 - FLOCK NEWS • 17



#### **MOTHER MARY'S BIRTHDAY**



**CHRISTMAS CARDS** 

in Church, encouraging fellow parishioners to follow. As Children's Mass and Catechism classes resumed from February 2022, the children were thrilled to come for mass and to step into their classrooms,

meet their classmates, learn more about Jesus and the Bible. The year ended with the Sunday School children's performance at the Good Shepherd Feast Day celebration. Children of Std. 1 and 2 led the parishioners with a beautiful prayer song Thanking God for leading them through this pandemic exodus and keeping everyone safe. The pièce de résistance was the performance of the Children of Std. 3, who took the parishioners to Goa with a rocking performance on some popular Konkani songs.

We thank all our Catechists who have been like Mentors to the children just like in a Start-up's journey, where scaling up is that of a Gardener who nourishes the seed, nurtures the fledgling until it takes root and protects its fruits from the greedy bystanders. This is precisely what the Sunday School Catechists do.We also thank our Parents who have been committed to sending their children for Sunday School and our dear children for their fearless love for Jesus.

#### **Care for Creation- Parish Green Cell**

Over the years all over the world every living being has been experiencing the adverse effects with regards to temperature levels, heat waves, cyclone and floods, reduced greener spaces, loss of biodiversity, air and water pollution, increased urbanization.

When I look back I realized that we individuals have taken 'Creation'- God's gift to mankind for granted so much so that even the voiceless living beings are facing the threat of survival. We are solely responsible for it.

If it continues like this, I see survival as a biggest challenge for me as well as for the rest of the generations to come.

Children are facing a huge price for climate changes. The impact of climate changes is affecting and is going to affect

poorer sections more.

What can I do to bring about a change or try to reduce the ill effects of climate change? It is rightly said that charity always begins at home.

Just like our families that make our homes, the church is also our Home- we are one big family in union with Christ. As a follower of Christ, I must fulfill my responsibility towards HIS gift to me- Creation.

I would like to make my home- my big family- my parish greener and involve my parishioners to make our environment a better place to live in.

I feel if these 4 R's are implemented sincerely, they can

have a positive impact on our environment. Refuse- Reuse-Recycle-Reduce.

Keeping the above in mind and wanting to take action and implement measures to protect the environment, Good Shepherd Parish has started a green cell. We are a team of 7 members. To begin with, we decided to make our parish green and are looking at applying eco friendly methods in the parish, recycling plastic and e- waste. A compost unit has been set up wherein the daily wet waste of the parish is being composted into manure. One of our parishioners Mrs. Iyer got bins donated to the parish for recycling of plastic and e-waste. The team is looking at creating awareness, motivating and extending this process to our parishioners, thus reaching our goal of having our parishioners contribute

in every way, that they can, to protect Mother Nature.

On behalf of the team, I would like to invite all those who are interested and are keen to assist us in caring for creation to join us.

You may contact any one of the below team members:-

Paul Rodricks @ 9820006905.

Rakesh Coelho @ 9821067492.

Dora Martis@9821885534.

Victor Dantis@9821089367.

Peter Passanha@9820560272.

Joan Rodrigues@9004906577.

Jasmine Nair@9004087147.

Golden Jubilee - CCR-BSC



am Josephine Lobo, leading Konkani Prayer Group in Our Shepherd Good Parish. I wish to write on our CCR-BSC (Catholic Charismatic Renewal Bombay Service Communion) Golden Jubilee Year 2022.

CCR started in the year 1972 and it took root in the

City of Mumbai, hence it was decided to have the Golden Jubilee celebration in Mumbai. We started with a good note, good planning to have 1000 days Intercessory Prayers all over India and of course it was going on. For whatever step we take in life, always there are ups and downs, here also our Intercessory Prayers had to stop because of the Pandemic. As things started getting to normal, His Lordship Bishop Barthol Barretto, very enthusiastic to have the Golden Jubilee in Mumbai on the scheduled dates 22nd, 23rd and 24th October 2022.

Our CCR – BSC Team is working very hard, to bring out the best during this Jubilee Year, Special Committee is formed to plan out things for this great event. Our CCR-BSC headed by Bishop Barthol Barretto – having leaders - Priests, Deacons, lay faithful in Christ, of all languages namely - English, Konkani, Hindi, Marathi and Tamil. For this Jubilee Year all languages Prayer Groups have planned out Number of events like Retreats, Outreaches and also Convention. Holy

Father Pope Francis granted Plenary Indulgence to all those who participate in the Golden Jubilee Convention.

With all the hard work of CCR-BSC, to begin this Golden Jubilee Year, we had spirit filled Inaugural Mass at St. Peter's Church, Bandra (West). The Holy Eucharist was celebrated by His Eminence Cardinal Oswald Gracias. The CCR-BSC values each and every Prayer Group and its Members, hence they Presented a Momentum – Golden Jubilee Logo and Prayer Cards to each and every Prayer Group of all the Languages.

Our Sister Luis Mari Engineer was kind enough to explain us the Logo – Picture attached. By the Grace of God and the Holy Spirit CCR took root in the City of Bombay and you can find there little Map of Bombay. Its development and fruitfulness gave witness to the Power of the Holy Spirit working in and through it. The Logo depicts Holy Spirit move in into History of CCR its 50th Anniversary. The colours Orange and Red signifies endurance and strength as well as the Power of the Holy Spirit. A rooted plant has to bear fruits signified by wheat and grapes which also reminds us of the Holy Eucharist, from which flows the Power of the Mission of sharing the Good News as individuals, families and communities. The different colours streaming at the bottom of the logo, brings out the universality of the gift of the Holy Spirit upon every tribe, tongue and people and nation. Finally, we acknowledge that to be routed in Christ causes to accept the Cross and there is a tiny little Cross over there, from which all graces flow.

We Pray to Lord Jesus and Mother Mary that this Golden Jubilee Year be a turning point for CCR-BSC and huge flocks of Lay faithful join the Prayer Groups of all the Languages.

- Josephine Lobo

Konkani Prayer Group.

**18 • FLOCK NEWS** - April 2021

April 2022 - **FLOCK NEWS** • 19

#### THE PASS OVER

The animators of the Mother Teresa's unit utilized the Lent season in a very fruitful manner and we owe our in depth gratitude to Sr. Mary Jose our spiritual director for leading us into a beautiful time of prayer: Reflection and Bible sharing on Penance / Fasting and Almsgiving, Lenten visits to the sick and homebound of our units and also a Day of Appreciation which set the mood for the evening Thanking God and invoking his Blessings on us and the families of our Unit. The evening was well spent in appreciating one another and lifting one another in prayer as most of us became emotional and gave vent to our feelings.

The beautiful evening came to an end with a scrumptious meal of a variety prepared by each animator followed by a game of "Bible Charades" and enactment of the Bible characters.

It was indeed an evening to remember the passing



over of the evil over the good times that lay ahead, as we treasured the moments well spent.

Marietta Mendes

(Animator of The Mother Teresa(Zone 1, Unit 3

#### **PILGRIMAGE TO KARJAT**

(Don Bosco and Our Lady of Fatima church)

A few friends had planned to go to Karjat and we were enthusiastic to go to there on 13th March. We boarded first the metro train and from Ghatkopar took a fast train. A Rick took us straight to our destination. A priest welcomed us, said a short prayer and briefed us about the place and gave us a room to keep our belongings and freshen up. The cozy rooms have beds, fans and washroom which are well maintained and clean. We were served nice hot tea (lemon grass flavoured)& biscuits. People from all over Mumbai and Pune go there to get the rich spiritual experience.

They had provided us with a prayer booklet for the Stations of the Cross. A wooden cross and crown of thorns made of barbed wires was prepared by them.

We walked up, halting at each station and reciting the prayer and singing Lenten hymns along the way.

The statues at each station were beautiful. We took turns to carry the cross and loved the prayerful



experience. While climbing with the cross, one can imagine how much pain and suffering Jesus must have gone through. At the last station a priest said the closing prayer and gave us the final blessing.

Kindly remember to carry your water bottle while climbing up especially during summer.

They provide us with delicious lunch (sambar rice). We rushed to our next destination - our lady of Fatima church.

We heard the 12 noon mass followed by lunch, a short break, adoration and healing service. Fr Allywn Misquita had celebrated the mass, adoration and healing service. After mass delicious food was served. Fr. Alwyn's mass was lively and action songs sung by the choir were good.

We returned back with a fruitful, joyful and peaceful Lenten experience and memories.

- Doris D'Souza Dominic Savio Cmty



#### **ZONE 1 - DIVINE MERCY & ST ANTHONY'S**

On behalf of Divine mercy Community zone 1 (UNIT 1&2) we thank the Good Shepherd Convent sisters for giving our community the opportunity to celebrate International Womens' Day at Good Shepherd Convent along with the 70 migrant workers of our Parish.

The programme commenced with the lighting of the lamp by our Spiritual leader & in charge of Migrant community in our Parish, Sr Vinaya and our animators. This was followed by an Opening prayer by our newly appointed co-ordinator Mr Allwyn D'Souza.

Sr Vinaya welcomed all our community animators and the migrant community. A graceful dance performance by Ms Kristine made the event cheerful and lively.

The games conducted by the Animators kept the participants on their toes. The winners were given some exciting prizes. Grains were distributed to

some needy families. The migrant group who are actively participating in the Sunday Hindi Eucharistic celebration were specially felicitated by Sr Vinaya with our sponsored gifts The programme concluded with refreshments served to all those present.

It was indeed a joyful evening enjoyed by one and all.







20 • FLOCK NEWS - April 2021 April 2021

#### HR Article for Easter Issue

## Key HR Trends in 2022 at Workplace

As 2022unfold, our workplace will be in a continuous churn - how we work, where we work, who we work with, why we work, and the



technologies we use. Many of these changes were initiated before the pandemic, were fast forwarded by it, and now represent an integral part of our workplace. The HR roadmap for 2022 & beyond will see the following enhancements evolution in more ways than ever.

#### The Future of Work Is Employee Well-being

Employee well-being has moved beyond being considered as an employee benefit. Rather, it is considered an employer's opportunity to



support employees in every aspectof their personal and work lives thereby making a lasting impact. Employee well-being has expanded beyond physical well-being and includes emotional, financial, social, mental and career wellness. Since the pandemic, employee well-being has expanded beyond focusing on the individual employee thereby ensuring the benefits are accessible to the entire family.

## **Employee Well-being Benefits creates hurdles in resignation**

While increasing compensation is one way to attract and retain employees, research conducted by HR Research firmsamong 603 full-time employees found 62% of them identified well-being benefits as key a key factor in deciding whether to apply for a new job more so for Gen Z, where 67% strongly agreed or agreed that well-being benefits will be a priority for them in evaluating future moves. The employee well-being benefits most in-demand include financial well-being and emotional/mental health well-being. Financial education and training are growing in importance for employees across generations. It is believed that workplace mental health benefits will grow over 10.8% annually over the next five years. HR leaders have a task on their hand to carve a personalized approach to well-being benefits that meets the needs of all employees

## Hybrid Work is the ask of a majority

Hybrid work model in whatever form is here to stay. Accenture's survey indicates that 83% of workers prefer a hybrid work model and that



63% of fast growth companies have already adopted a "productivity anywhere" workforce approach. For both employees and employers, work from anywhere is about owning results, regardless of where or when work happens. Employees regard freedom to work from anywhere as an important benefit of their job more so in the current environment. This makes defining successful work from anywhere practices critical for employers. In parallel, employers will need to create a fair and equitable workplace for all employees regardless of location, communicate how leaders will manage employees they never physically see, and how teams will achieve work flexibility while meeting their goals.

## Working Parents voice for a New Employer Value Proposition

Working parents are seekingnew benefits from their employers. McKinsey research finds working parents are more likely to have left their jobs during the past 2 years than their non-parent colleagues. Reasons include exhaustion from the pressures of working from home and balancing childcare responsibilities, struggles with resuming office but lack of effective and efficient childcare facilities, and re-evaluating their overall work-life balance. HR leaders should pay special attention to the unique needs of working parents and consider creating special work practices to address their needs like subsidized childcare and expanded parental leave for new mothers and fathers. Finally, companies can consider pushing the limits of workplace flexibility by offering all employees (not just parents) the ability to cut back on their time at work with the understanding that they can return to normal when ready.

The new world of work requires all stakeholders - Leaders, both HR and Businesssit together and brainstorm on new questions about work, the worker, the workforce, and the workplace. One thing is clear, leaders must demonstrate understanding , patience, empathy, transparency, and humaneness to ensure everyone has a voice in creating the future of work.

- Ryan Rodrigues

(Inputs collated from multiple sources and publications)

#### **GREENER PASTURES – FORTHCOMING EVENTS**

#### **HOLY WEEK PROGRAMME**

**Confessions** will be on Monday, 11th April and Tuesday, 12th April from 5.30 pm to 7.00 pm and 7.30 pm to 8.30 pm. There will be 2 guest priests besides the fathers of the parish.

- **10th April 2022, Palm Sunday:** Blessing of palms on the church lawns at 08:10 am followed by a procession to the church.
- **14th April 2022 Maundy Thursday:** Mass FOR THE SICK & AGED in Konkani at 05:30 pm in the church.
- Solemn service of THE LORD'S SUPPER at 07:30 pm on the church lawns.
- Holy Hour service at the Altar of Repose at 11:00 pm in the church.
- 15th April 2022 Good Friday: Way of the cross in Konkani at 07:30 am.
- Way of the cross by the youth in English at 08:30 am.
- 3 hours agony service at 10:00 am.
- Evening service of the Lord's passion is at 07:00 pm on the church lawns.
- 16 th April, Solemn Easter Vigil 08:00 pm. On the lawns
- Easter Sunday, masses 07:00 am-Konkani,
- In English at 08:30 am and 10:00 am. There shall be NO EVENING MASS.

**The Divine Mercy feast** is on 24th April 2022. Novena in honour of the feast shall begin on 15th April 2022 and shall be held after the way of the cross by the youth. Divine Mercy Novena details are as below:-

- On 16th April 2022 Holy Saturday, the novena shall be held at 09:00 am with a prayer to the Mother of Sorrows.
- On Easter Sunday, Novena after the 10:00 am mass.
- On weekdays the novena shall be held after the 07:00 am and the 07:00 pm masses.
- There shall be a Tridium on 21st,22nd and 23rd April. Mas at 07:00 pm.
- Divine Mercy feast mass to be held at 10:00 am. Main Celebrant shall be Fr. James DCosta. There shall be a Holy Hour after the 10:00 am mass. Picture of the Divine Mercy shall be blessed.
- Theme for the Tridium is as follows:- 21st April- Reconciliation for Salvation, 22nd April- Mercy and Forgiveness, 23rd April- Trust and Faith in the Divine Mercy.

22 • FLOCK NEWS - April 2021 April 2021 - FLOCK NEWS • 23

#### YOUTH

The Youth mass is held every Sunday at 5:30 pm. Requesting our youth to attend in large numbers!

The singing, reading and Liturgy of the mass will be done by the Youth of the parish.

All youth are requested to attend this mass and participate actively

Look out for 3 back-to-back, fun filled, amazing events by the Good Shepherd Youth Group

As the month of April comes to an end, we have our year end YOUTH MEETING.

Requesting all youth under 25 to join us on the 24th of April after the 5:30 pm mass.

Keep your eyes and ears open for posters and announcements of this year's

SUMMER CLUB 2022 : The dates for which are 2nd May to 13th May 2022.

As our Summer Club ends, we have a YOUTH PICNIC on the 14th of May.

And that's not all...

Our biggest event of the year is back with a BANG! FOOTBALL TOURNAMENT 2022 is coming to you in June! The dates of which are

June 10th, 11th and 12th!

So don't forget to mark your calendars and bring all your JOSH to support and cheer us on!!

We hope to see each one of you

## **Dimensions Easter Conclave 2022**

(Initiative of Dimensions Global Christian Chamber of Commerce)

"Reboot, Reinvent & Rejuvenate Business"

3rd April 2022

Venue: The Orchid, Vile Parle

Registrations compulsory

## \*DANCE FOR SENIORS\* LINE DANCING

The Parish of Good Shepherd and the entire Andheri Deanery, has always had the welfare of their Seniors at heart. Initiated by the Archdiocese, there has been a great response that was met with, when, (pre-Covid) Fr. Joshan flagged off the Line Dancing Classes for Seniors. This was further encouraged by Fr. Jerome. Covid put a stop to the classes.

Now that life is getting back to normal, under the aegis of Fr. Anil, we are starting again, shortly, in the month of May.

Line Dancing for Seniors is a perfect way for the not so young to exercise. It helps maintain balance, keeps the limbs moving, the body supple and relaxed and very importantly the mind alert. Apart from the physical benefits, meeting with like minded and warm lovely people is also medicine for the soul.

A gathering for an hour once a week boosts immunity and overall well-being.

We urge all senior Parishioners to join. We have observed that it is only the women who join these classes. The class is open to ALL Senior Citizens. Gentlemen too, please put on your dancing shoes. Join up to be a part of a healthy happy Community.

We would like to point out at this juncture, that the Line Dancing Seniors have performed for Parish functions in the past and we were not only cheered and encouraged, we received lots of requests to perform for milestone birthday and anniversary functions.

This time the age group will include 50+ individuals. Please join us. We would be only too happy to have more Parishioners. Classes will commence on 6th May at 4.30 pm on the first floor of the extension building.

For further details or queries please contact:

Brenda Sequeira - Mob Nmbr: 9819049747

Blanche Dias - Mob Nmbr: 9820933471

Look forward to a very good response the Line Dancing Divas



## **EXCEL ENTERPRISES**

Service Centre For

- LED TV
- Audio System
- Washing Machine
- Fridge
- Microwave
- Dishwasher

- Dryer
- **◆** Air Conditioner
- **◆** Computer
- **♦** Laptop
- + CCTV

# For Home Service & More Details 9820308174 / 9322417064

Add: B-12, Grace Plaza, Jogeshwari (W), Mumbai-102

### Good Shepherd Undertakers & Sculptors

(OFFICIAL EMBALMER)

#### **AVAILABLE SERVICES:**

- Export of Remains (National & International)
- Refrigeration of Bodies
- Embalming
- Exhumation & Cremation
- Lowering Equipment
- Hearses Ambulances Buses
- Wooden & Marble Crosses
- Tombstones & Engravings



\* We are Available 24x7, 365 Days a year \*

#### **Contact Details**

Mr. Reggie D'souza

Call or Whatsapp On: +91 9820003309 / 9930007219 / 9820248466

Shop No. 777, Opp. Kala Pradarshani Udyan Shitladevi D.N.Nagar Link Road, Andheri (W), Mumbai – 400053

"Reach the Gates of Heaven"

24 • FLOCK NEWS - April 2021 April 2021

#### **BAPTISMS**

Date of Baptism	Date of Birth	Name	Parents
26-12-2021	29-10-2021	JADON	BRIAN AND SNEHA MENDONCA

#### **MARRIAGES**

Date	Name			
18-12-2021	ANTHONY GONSALVES AND BRENDA NORONHA			
28-1-2022	JONATHAN JAMES NOEL PAUL AND IRINA SERGEYEVNA GALKINA			
12-2=2022	JEREMIAH LOUIS LOBO AND STEFFI ALICE FERNANDES			

#### **DEATHS**

Date	Name	Age	Address
17-12-2021	TERESA LUCASTA DALGADO	78 YRS	KISHOR DARSHAN, K 1/1, GROUND FLOOR, 4 BUNGALOWS RD, N. DUTTA MARG, ANDHERI (W), MUMBAI - 400053
21-12-2021	FLORINE PEREIRA	97 YRS	103 RAJ SAROVAR CHSL, OPP. D'MART BORIVLI (W), MUMBAI – 400068
11-1-2022	WINSTON FERNS	80 YRS	19 SEA VIEW, 4 BUNGALOWS ROAD, ANDHERI (W), MUMBAI – 400053
11-1-2022	ASSUMPTION LAUDINA JO- SEPH FERNANDES	66 YRS	205 B, SUNDER APNA GHAR CHS, SWAMI SAMARTH NAGAR ROAD NO. 1, LOKHANDWALA COMPLEX, ANDHERI (W), MUMBAI – 400053
13-1-2022	ANTHONY MENDONCA	67 YRS	21-B, ROHINI BLDG, FLAT NO. 8, APNA GHAR UNIT NO. 5, SWAMI SAMARTH NAGAR, LOKHA- NDWALA ANDHERI (W), MUMBAI – 400053
16-1-2022	MICHAEL D'CUNHA	73 YRS	301, MAHAVIR 2, VERSOVA LAXMI CHS. LTD, OPP. PRATAP SOCIETY, ANDHERI (WEST), MUM- BAI – 400053
24-1-2022	VELAMPARMPIL JOSEPH	83 YRS	1401, FORTUNE BLDG, NEW MAHDA, LOKHA- NDWALA CIRCLE, ANDHERI (W), MUMBAI – 53
26-1-2022	SOPHIE ARGENTINA D'SOUZA	77 YRS	B/306, NAGNATH CHS, OFF J.P. ROAD, 7 BUN- GALOWS, ANDHERI (W), MUMBAI - 400053
11-2-2022	THOMAS JOSEPH PARMAR	88 YRS	006/45 B, PARIJAT APNA GHAR UNIT NO 15, 1 <sup>ST</sup> . CROSS LANE, LOKHANDWALA COMPLEX, ANDHERI (W), MUMBAI 400053
13-2-2022	ROCKEY MINGUEL D'SOUZA	68 YRS	B-17, PLOT NO76 AKSHATA CHS, MAHDA NEAR JANKIDEVI SCHOOL, ANDHERI (W), MUMBAI 400053
22-2-2022	LEENA MARUTI GHATE	91 YRS	6-PARAS, BON BON LANE, SEVEN BUNGALOWS, ANDHERI (W), MUMBAI – 53
14-03-2022	LILLY ALVA	82 YRS	6A/137, LIG COLONY, D N NAGAR, ANDHERI (W), MUMBAI - 400053
24-03-2022	ELIZABETH LOUIS D'SOUZA	67 YRS	B-1/106, VINAYAK TOWER, D.N. NAGAR, AND- HERI (W), MUMBAI - 53
24-03-2022	BRIGIT RAGHAVAN	94	A/102, ASHWINI BLDG, SWAMI SAMARTH NAGAR, MAIN ROAD, ANDHERI (W), MUMBAI - 400053

# Say Goodbye to Cockroaches & Ants

#### Now Available



### An Export Quality Product In an Easy to use tube with Nozzle

This bait can be used to control Cockroaches and Ants in Residential areas, Industrial areas, Restaurants, Hospitals, Malls, Schools, Laboratories, Aircrafts, Shops, Trains, Buses etc.

Available at:

Trinity Cold Storage
Near Good Shepherd Church
Joseph Cold Storage & Mangalore Stores
Geeta Arcode

United Cold Storage
Marve Road, Opp Orlem Church, Malad (West)

Lobo Store

Crawford Market
Call on 09664310422 or mail at carolineexports@gmail.com

Mfg. Mkd. & Exported by Caroline Exports Kalbadevi, Mumbai

Keeps Away Cockroaches for 6-8 Months



#### GOOD NEWS! GOOD NEWS! GOOD NEWS!

Now **NEW PROJECTS** in 4 bglws close to Ambani hospital



- 1 BHK Flats, Carpet area 415 sqft. @ 1.5cr all incl.
- 2 BHK Flats, Carpet area 565 sqft. @ 2.10 cr all incl.
- 3 BHK Flats, Carpet area 830 sqft. @ 2.95 cr all incl.

Possession: March 2023

FULLY FURNISHED BY IKEA

**1 BHK Flats**, Carpet area 402 sqft. @ **1.3 cr all incl.** (Jodi option Available)

2 BHK Flats, Carpet area 640 sqft.@ 2.05 cr all incl.

Possession: Dec. 2023

#### MANY MORE CHOICES ALL OVER ANDHERI WEST

Book now and get: Best Choices

- FREE interior decoration consultation
- Documentation guidances and Rs. 0 loan processing fee from HDFC

(We do not charge brokerage for builder properties)



Call/Whatsapp:

William/Deepa now on 9819113594
Visit us on: // /indiahousinghub

Follow us on: 

/indiahousinghub001

www.indiahousinghub.in

# Renew your dream this Easter



Kickstart your venture with our Business Loan...

Toll Free No.
1800 123 0209
www.citizencreditbank.com



MUMBAI: Amboli | Bandra - Hill Road, Mt. Carmel, Turner Road. | Borivli | Byculla | Chembur | Colaba | Dadar | Dhobitalao | Four Bungalows | Gorai | Goregaon | Kalina | Kurla | Madh | Mahakali | Mahim | Malad | Dahisar | Manori | Marol | Mulund | Sahar | Santacruz | Vakola | Vikhroli | Wadala | NAVI MUMBAI: Vashi | Panvel | THANE: Bhayander | Mira Road | Thane | PALGHAR: Naigaon | Vasai | Virar | Boisar | NASHIK | UNION TERRITORY OF DAMAN: Nani Daman | PUNE: Fatima Nagar | Camp | GOA: Mapusa | Margao | Panaji | Porvorim | Vasco